



DECEMBER

2024 PRESCHOOL MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Kale Basil Pesto with Gemelli Carrot Disks Garlic White Beans	3 Steamed Rice Baby Corn Thai Chicken Satay Edamame & Carrots	4 Beef Sliders with Tomato Glaze Brioche Roll Green Beans	5 Toasted Cheddar Sandwiches Creamy Tomato Soup Broccoli	6 Buttered Egg Noodles Swedish Chicken Meatballs Peas
9 Beef Tagliarini Buttered Corn Cauliflower	10 Chicken Cutlet Strips Orzo with Broccoli & Garlic Carrot Disks	11 Glazed Turkey Meatloaf Patties Creamy Smashed Potatoes, Peas	12 Roasted Chicken with Thyme and Porcini Rice Ratatouille	13 Carrot Mac and Cheese Kabocha Squash Mash Broccoli
16 Penne Beef Bolognese Cheesy Cauliflower	17 Yellow Rice Turkey Tacos Fiesta Corn & Bean Salad	18 BBQ Chicken Strips Corn Bread Peas	19 Cheesy Pizza Bites Kale Pesto White Beans Carrot Disks	20 Gemelli with Garlic Oil Chicken Sausage Meatballs Broccoli



DECEMBER

2024 PRESCHOOL VEGETARIAN MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Kale Basil Pesto with Gemelli Carrot Disks Garlic White Beans	3 Steamed Rice Baby Corn Thai Tofu Satay Edamame & Carrots	4 BlackBean Sliders with Tomato Glaze Brioche Roll Green Beans	5 Toasted Cheddar Sandwiches Creamy Tomato Soup Broccoli	6 Buttered Egg Noodles Swedish Mushroom 'Meat'balls Peas
9 Seitan Tagliarini Buttered Corn Cauliflower	10 Quinoa Fritters Orzo with Broccoli & Garlic Carrot Disks	11 Glazed Mushroom Meatloaf Patties Creamy Smashed Potatoes, Peas	12 Corn Fritters Rice Ratatouille	13 Carrot Mac and Cheese Kabocha Squash Mash Broccoli
16 Penne Chickpea Bolognese Cheesy Cauliflower	17 Yellow Rice Pinto Bean Tacos Fiesta Corn & Bean Salad	18 BBQ Tofu Strips Corn Bread Peas	19 Cheesy Pizza Bites Kale Pesto White Beans Carrot Disks	20 Gemelli with Garlic Oil Vegan Mushroom 'Meat'balls Broccoli



DECEMBER

2024 GLUTEN FREE MENU LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Kale Basil Pesto with Gluten Free Pasta Carrot Disks Garlic White Beans	3 Steamed Rice Baby Corn Thai Chicken Satay Edamame & Carrots	4 Beef Sliders with Tomato Glaze Roasted Potato Cubes Green Beans	5 Gluten Free Pasta Creamy Tomato Soup Broccoli	6 Swedish Chicken Meatballs Creamy Smashed Potatoes Peas
9 Beef Tagliarini with Gluten Free Pasta Buttered Corn Cauliflower	10 Chicken Breast Strips Rice with Broccoli & Garlic Carrot Disks	11 Glazed Turkey Meatloaf Patties Creamy Smashed Potatoes Peas	12 Roasted Chicken with Thyme and Porcini Rice Ratatouille	13 Carrot Mac and Cheese with Gluten Free Pasta Kabocha Squash Mash Broccoli
16 Gluten Free Penne Beef Bolognese Cheesy Cauliflower	17 Yellow Rice Turkey Tacos Fiesta Corn & Bean Salad	18 BBQ Chicken Strips Corn Peas	19 Gluten Free Cheesy Pizza Bites Kale Pesto White Beans Carrot Disks	20 Gluten Free Gemelli with Garlic Oil Chicken Sausage Meatballs Broccoli



DECEMBER

2024 DAIRY/EGG FREE MENU LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Vegan Kale Basil Pesto with Gemelli Carrot Disks Garlic White Beans	3 Steamed Rice Baby Corn Thai Chicken Satay Edamame & Carrots	4 Beef Sliders with Tomato Glaze Roll Green Beans	5 Toasted Tofu Sandwiches with Sundried Tomato Pesto Vegan Tomato Soup Broccoli	6 Gemelli Pasta Swedish Chicken Meatballs Peas
9 Beef Tagliarini Corn Cauliflower	10 Chicken Breast Strips Orzo with Broccoli & Garlic Carrot Disks	11 Glazed Turkey Meatloaf Patties Olive Oil Smashed Potatoes Peas	12 Roasted Chicken with Thyme and Porcini Rice Ratatouille	13 Lemon Miso Pesto Pasta Kabocha Squash Mash Broccoli
16 Penne Beef Bolognese Cauliflower	17 Yellow Rice Turkey Tacos Fiesta Corn & Bean Salad	18 BBQ Chicken Strips Vegan Corn Bread Peas	19 Tomato-y Pizza Bites Kale Pesto White Beans Carrot Disks	20 Gemelli with Garlic Oil Chicken Sausage Meatballs Broccoli